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United Way of Champaign County
Success By 6® Community and Family Support Work Group
 for updating this directory.

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 for design and layout assistance.*



United Way
 of Champaign County



Serving Champaign County



Champaign County Public
 Health Department



Champaign Public Library



The Urbana Free Library

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Family Resource Guide



2005-2006

Champaign County, IL

Copies of this directory are available online at www.helpsource.org

Child and Family Connections (Early Intervention Services) 1-800-877-1152
309 N. Logan, Danville
Services for children with special needs, birth to age three.

Developmental Services Center (DSC) 356-9176
1304 W. Bradley Ave., Champaign
Services for children and adults with developmental disabilities.

Division of Specialized Care for Children 333-6528
University of Illinois, 510 Devonshire Dr., Suite A, Champaign
Provides financial assistance and case management for children up to age 21, with certain chronic health conditions that will respond to treatment.

PACE, Inc. (Persons Assuming Control of Their Environment) 344-5433
1317 E. Florida Ave, Sunnycrest Mall, Urbana TTY: 344-5024
PACE serves people who have disabilities or disability-related concerns.

Rural Champaign County Special Education Cooperative 892-8877
201 S. Sheldon St., Rantoul
Special education cooperative serves all rural Champaign County school districts.

Speech-Language and Audiology Clinic 333-2230
University of Illinois, 901 S. Sixth St., Champaign
Speech, language and hearing diagnostic and therapy services.

Urbana Schools Special Services 384-3655
205 N. Race St., Urbana
Serves children age 5 to 21 with special needs who live in Urbana.

SUPPORT GROUPS

LaLeche League 355-3738
Support for breast-feeding mothers

Parents Support Group (Developmental Services Center) 359-0287
Contact Bette Chapman or Betty Fish for information.

Self-Help Center-Family Service 352-0099
405 S. State St., Champaign
Provides information and referral to self-help and support groups. Listings on Web site: www.prairienet.org/selfhelp/

YOUTH / TEEN SUPPORT SERVICES

Centerpoint (Mental Health Center) 398-8080
1801 Fox Dr., Champaign
Short-term counseling; adolescent and adult programs.

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CRISIS, EMERGENCY & INFORMATION SERVICES

- American Red Cross** 351-5861
404 Ginger Bend Dr., Champaign
Services for those affected by natural disasters and single family fires.
- Child Abuse Hotline (DCFS)** 1-800-252-2873 (1-800-25ABUSE)
24-hour hotline to report suspected child abuse/neglect.
- Crisis Line, Mental Health Center** 359-4141
24-hour counseling for those experiencing a personal, relationship or mental health crisis.
- Crisis Nursery** 337-2730
1309 W. Hill St., Urbana
Free 24-hour emergency child care for families with children, up to age 5.
- DCFS - Illinois Department of Children and Family Services** 278-5400
508 S. Race St., Urbana
Child welfare services, parent education and family support.
- Domestic Violence Hotline (A Woman's Place)** 384-4390
Hotline for those experiencing domestic violence.
- Elder Abuse / Neglect / Exploitation Hotline (Family Service)** 352-5100
To report elder abuse M-F, 8:30 am-5 pm.
- Elder Abuse Hotline (Illinois Department on Aging)** 1-800-279-0400
After-work hours, weekends and holidays call Illinois Dept. on Aging to report elder abuse.
- Emergency - Fire, Police, Ambulance** 911
- First Call for Help, Champaign** 352-6300
405 S. State St., Champaign
Information, referral, and emergency assistance.
- First Call for Help, Rantoul** 893-1530
520 E. Wabash Ave., Rantoul
Information and referrals for northern Champaign County; food pantry on site.
- National Runaway Switchboard** 1-800-621-4000
24-hour hotline for runaway services.
- Parent Help Line (toll-free)** 1-888-727-5889
Phone support and parenting information 10am to 10pm, 7 days a week.
- Poison Control Center** 1-800-222-1222
For languages other than English, call 1-888-285-1361
Poison-control information.

- Champaign House - Greater Community AIDS Project** 351-2437
P.O. Box 713, Champaign
Serves HIV+ individuals and families experiencing homelessness; provides direct community outreach. M- F, 10 am-3 pm.
- City of Urbana - Transitional Housing Program** 384-2306
400 S. Vine St., Urbana
Maintains five housing units for homeless families.
- Illini Children's Christian Home Ministries** 469-7566
P.O. Box 200, 429 E. Warren Ave., St. Joseph
Foster homes for children and unwed mothers, age 18 or younger.
- Men's SAFE (Substance Abuse Free Environment) House** 344-7233
213 Central Ave., Urbana
Residential substance abuse recovery program for men.
- Restoration Urban Ministries** 355-2662
1213 Parkland Ct., Champaign
Advocacy for self-sufficiency; Christian transitional housing.
- Roundhouse Teen Shelter (Mental Health Center)** 359-5276
311 W. White St., Champaign
Short-term housing and emergency shelter for adolescents 11-17; also provides short-term individual and family counseling. (Serves Champaign, Ford and Iroquois Counties)
- St. Jude Catholic Worker House** 355-9774
317 S. Randolph St., Champaign
Hospitality shelter for women and children; soup kitchen; 11 am-12:30 pm daily.
- TIMES (Transitional Initiative Men's Empowerment Services) Center** 398-7785
70 E. Washington St., Champaign
Transitional living program for homeless men in Champaign County. Winter hours may vary. Contact center for further information.

SPECIAL NEEDS SERVICES

- CASE Audiology** 355-1214
809 N. Neil St., Champaign
Provides free hearing evaluations for children, birth through graduation from high school.
- Champaign Community Schools, Special Education** 351-3841
703 S. New St., Champaign
Offers programs for children who are physically, hearing, or visually impaired; developmentally disabled; emotionally disturbed.
- Champaign-Urbana Special Recreation** 398-2374
1311 W. Church St., Champaign
Recreation programs for those with special needs.

Parent Wonders 893-0671
201 S. Sheldon St., Rantoul
Support and education programs for families living in rural Champaign County, including play groups, parenting classes, home visits, and a lending library.

Parenting in the Real World 384-3541
Washington School, 1102 N. Broadway Ave., Urbana
Eight-week seminar designed to help parents raise happy, healthy, responsible children. Free child care available.

Prevention Initiative 398-8080
Mental Health Center at Centerpoint, 1801 Fox Dr., Champaign
Play groups and support groups for both Spanish and English speaking families.

Supporting Positive Change Program 398-3011
Lutheran Social Services, 103 Country Fair Dr., Champaign
Assists children ages 10 to 15 that exhibit social, emotional, and / or behavioral problems at school that put them at risk of suspension. Also provides family support including referrals, advocacy and follow-up.

SENIOR SERVICES

Family Service Senior Resource Center 352-5100
405 S. State St., Champaign
Provides information and referrals to services such as transportation and Meals on Wheels for seniors age 60 and older.

Grandparents Raising Grandchildren – Family Service 352-5100
405 S. State St., Champaign
Provides information and support to grandparents, age 60 and older, who are raising their grandchildren.

Senior Services of Champaign County - CCRPC 328-3313
1776 E. Washington St., Urbana
Information and referrals for seniors age 60 and older.

SHELTERS / HOMELESS SERVICES

A Woman’s Place 384-4390
1304 E. Main St., Urbana
Provides shelter and services for victims of domestic violence and their children.

Center for Women in Transition 352-7151
508 E. Church St., Champaign
Provides transitional housing and support services to women and children experiencing homelessness. (Due to group living situation, no male children over age 13 are permitted).

Prairie Center Health Systems 359-1160
122 W. Hill St., Champaign
24-hour crisis line for those experiencing problems related to substance abuse. Detox services available.

Rape Crisis Services Hotline 355-5214
310 W. Church St., Champaign
24-hour hotline for victims of sexual assault.

ADULT EDUCATION / FAMILY LITERACY

Even Start Program, Urbana Adult Education 352-8382
Program site: Columbia Center, 1103 N. Neil St., Champaign
Offers free adult education classes, with child care for children birth to 3 on site, Pre-GED/GED classes, and ESL classes.

Parkland College GED Adult and Workforce Education Program 351-2580
2400 W. Bradley Ave., Room E 103, Champaign
Provides free GED, ESL, and basic computer classes.

Parkland Rantoul Adult Education Center 893-3038
200 S. Fredrick St., Rantoul
Provides free Adult Basic Education, GED preparation, ESL, college prep classes and career counseling.

Project Read
Parkland College, 2400 W. Bradley Ave., Champaign 353-2629
Champaign Public Library, 505 S. Randolph St., Champaign 403-2023
Program matches volunteer tutors with adults looking to improve their reading skills. Tutoring sites are at a variety of public places including Champaign, Douglass Branch and Rantoul Libraries, Parkland College and Urbana Adult Education.

The Reading Group 367-0914
#6 Lincoln Square, Urbana
Testing and one-on-one instruction for children and adults with reading problems and learning disabilities.

Urbana Adult Education 384-3530
211 N. Race St., Urbana
Programs open to Champaign County residents include GED and high school diploma programs, instruction in computer and typing skills, English as a Second Language and certified nursing assistant.

CAR SEATS

Safe Kids Coalition Buckle-up Line, Champaign County 353-4932
Provides car seats and booster seats to income-eligible clients. Free inspections and fittings of seats by appointment.

CHILD CARE

Champaign Schools School-Age Child Care Program 351-3719
405 E. Clark St., Champaign
Before- and after-school program for kindergarten through fifth grade students.

Child Care Resource Service 333-3252
Room 314 Bevier Hall, 905 S. Goodwin Ave., Urbana
Referrals to a variety of child care options and financial assistance (subsidy) for child care for those who qualify.

Crisis Nursery 337-2730
1309 W. Hill St., Urbana
Free 24-hour emergency child care services for families with children, up to age 5.

Urbana Schools After / Before School Child Care Program 384-3536
Before- and after-school program for kindergarten through fifth grade students in Urbana.

DENTAL CARE

Champaign-Urbana Public Health Dental Services 531-4279
710 N. Neil St., Champaign
Provides emergency care, school exams, and routine dental services, including cleanings, sealants, fillings, and extractions for children age 3 to 18 who reside within the Champaign-Urbana city limits, regardless of insurance or ability to pay.

Child Dental Access Program 384-1689
1008 Country Squire Dr., Urbana
Helps children up to age 18 who live outside Champaign-Urbana city limits obtain dental care at low or no cost.

Dental Referral Service, Champaign County Health Care Consumers 352-6533
44 E. Main St., Suite 208, Champaign
Helps low-income residents obtain dental care.

Parkland College Dental Hygiene Clinic 351-2221
2400 W. Bradley Ave., Room L-148, Champaign
Cleanings, exams, sealants, fluoride treatments and x-rays for adults and children 4 and older. \$10 fee. Appointment needed.

Urbana Student Health Center 239-4220
1002 S. Race St., Urbana
(Entrance is at Tiger Alley circle drive under orange and black awning.)
Provides preventive dental services: cleanings and sealants, to all Urbana School District #116 students (age 3 to 18). Call for appointment. Hours are by appointment only.

Prairie Center Health Systems 328-4500
718 Killarney St., Urbana
Out-patient treatment for youth and adults with substance abuse problems.
M- Th, 8 am-9 pm; F, 8 am-5 pm.

Psychological Services Center - University of Illinois 333-0041
505 E. Green St., 3rd Floor, Champaign
Therapy, assessment services, multicultural counseling and specialty clinics on a variety of issues such as stress and anxiety.

PARENTING PROGRAMS

C-U Early 384-3541
Washington School, 1102 N. Broadway Ave., Urbana
Support and education programs for parents of children, birth through age 5.
Toy lending library. Child care provided.

Effective Black Parenting Program 333-0041
UIUC Psychological Services Center, 505 E. Green St., Room 329, Champaign
Ten-week class combines the basic skills of good parenting with cultural sensitivity to African-Americans. Sliding fee scale.

Family Enhancement Program 337-2730
Crisis Nursery, 1309 W. Hill St., Urbana
Free support and education program for parents wanting to take charge of their lives and learn positive parenting skills.

Family Life Education 333-7672
U of I Extension, 801 N. Country Fair Dr., Suite D, Champaign
Offers a variety of family education materials, parenting seminars and a parenting 24/7 web site.

Having Your Baby and Family Education Program 383-6962
Carle Foundation Hospital, 611 W. Park St., Urbana
Prenatal and family education program provides expectant parents with information.

Healthy Families Program 398-8080
Mental Health Center at Centerpoint, 1801 Fox Dr., Champaign
Support and education to families trying to balance the stress of pregnancy or raising a newborn.

Healthy Young Families 398-8080
Mental Health Center at Centerpoint, 1801 Fox Dr., Champaign
Long-term home visiting, support groups, and counseling for first-time teen parents.

Help Me Grow Helpline 1-800-323-GROW
Provides information on a range of services available to children throughout the state.

Parkland College Library	351-2223
Philo Public Library	684-2896
Rantoul Public Library	893-3955
St. Joseph Township Library	469-2159
Sidney Community Library	688-2332
Tolono Public Library	485-5558
University of Illinois Library	333-2290
Urbana Free Library	367-4057
210 W. Green St., Urbana	
Children's Services	367-4069

MENTAL HEALTH AND COUNSELING SERVICES

Crisis Line, Mental Health Center	359-4141
24-hour crisis intervention, suicide prevention, and referral services.	
Developmental Services Center (DSC)	356-9176
1304 W. Bradley Ave., Champaign	
Services for developmentally disabled children and adults.	
Divorce Resource of Central Illinois	369-5064
605 N. Neil St., Campaign	
Provides educational seminars and resource information for families going through divorce.	
Family Service Counseling Program	352-0099
405 S. State St., Champaign	
Affordable counseling services for individuals of all ages.	
Farm Resource Center	1-800-851-4719
Outreach, crisis intervention and stabilization with special emphasis on farmers and rural families.	
Mental Health Center at Centerpoint	398-8080
1801 Fox Dr., Champaign	
Short-term counseling for adults, children and adolescents.	
Mental Health Center of Champaign County	373-2430
202 W. Park Ave., Champaign	
Provides outpatient care for adults with mental illness.	
The Pavilion	373-1700
809 W. Church St., Champaign	
Mental health care for all ages, counseling and confidential treatment for substance abuse, eating disorders.	

DRUG / ALCOHOL / ADDICTIONS TREATMENT

Alcoholics Anonymous Hotline	373-4200
A program for those dealing with alcohol addiction. Call hotline for information on location and times of local group meetings.	
Narcotics Anonymous of East Central Illinois Area	373-2063
P.O. Box 1332, Champaign	
A 12-step program for those dealing with drug addiction.	
Prairie Center Health Systems	356-7576
122 W. Hill St., Champaign (inpatient services)	
24-hour services include treatment for alcohol/substance abuse and gambling addictions.	
Crisis line	359-1160 or 1-800-373-7562
718 Killarney St., Urbana	
Outpatient services	328-4500
Outpatient treatment for youth/adults with drug and alcohol problems.	
Veteran's Affairs, Illinois Department of	278-3388
201 W. Springfield Ave., Room 704, Champaign	
Assists veterans with all services.	

EARLY CHILDHOOD PROGRAMS

C-U Early	384-3541
Washington School, 1102 N. Broadway Ave., Urbana	
Provides a variety of support and education programs for parents of children, birth through age 5 including playgroups, workshops, a telephone helpline and toy and book lending libraries. Child care is available during programs.	
Get Ready Program - Champaign Schools	351-3881
Champaign Early Childhood Center, 809 N. Neil St., Champaign	
Free preschool instructional program for Champaign Unit 4 Schools for children at least 3 years. Free screening test on speech, language, hearing, social and motor skills.	
Head Start and Early Head Start of Champaign County	328-3313
1776 E. Washington St., Urbana	
Early childhood / Preschool program for income-eligible children from 6 weeks to age 5.	
Spectrum Early Childhood Program	893-0306
201 S. Sheldon St., Rantoul	
Special education program serving rural Champaign County academically at-risk preschoolers.	
Washington School Early Childhood Program	384-3616
1102 N. Broadway Ave., Urbana	
Developmental screening and diagnostic evaluation of Urbana children ages 3 to 5. Classroom programs for children identified as needing special educational intervention.	

EMPLOYMENT AND JOB TRAINING

DHS - Office of Rehabilitation Services	278-3500
1307 N. Mattis Ave., Champaign	
Vocational rehabilitation for persons with disabilities.	
Illinois Employment and Training Center, Dept. of Employment Security	278-5700
1307 N. Mattis Ave., Champaign	
Employment and training programs. Free job information, referrals and placement.	
Parkland College Adult Education and Workforce Education Program	278-5700
2400 W. Bradley Ave., Champaign	
Adult basic education, GED, vocational and ESL classes.	
UCAN - Life Skills Center	366-3226
202 W. Hill St., Suite 202, Champaign	
Provides assistance to help ex-felons assimilate back into society once released from prison. Services include mentoring, life skills training, help finding housing and employment, emergency food and referrals to community and social services.	
Urban League	363-3333
314 S. Neil St., Champaign, M-F, 9am-5pm	
Offers a variety of employment and training programs.	
Urbana Adult Education Center	384-3530
211 N. Race St., Urbana	
Services open to Champaign County residents include GED and high school diploma programs, computer and typing skills, English as a Second Language and certified nursing assistant programs.	

- Temporary Employment Agencies

Adecco	355-2342 and 893-2566
Express Personnel	355-8500
Kelly Services	
Champaign	351-0937
Danville	433-0418
Opportunity Specialists	356-1770
Labor Ready	351-8140
Toll-free	1-800-245-2267
Spherion	359-4488
Westaff	892-4332

LEGAL SERVICES

A Woman's Place	384-4390
1304 E. Main St., Urbana	
Provides legal advocacy to victims of domestic violence, including providing assistance with obtaining Orders of Protection.	
Champaign County Bar Association	352-1800
Provides ongoing programs involving pro bono legal service and public education.	
Child Support Helpline (Illinois Dept. of Public Aid)	1-800-447-4278
State-wide helpline for child support questions and problems.	
College of Law Clinic, University of Illinois	244-9494
504 E. Pennsylvania Ave., Room 241, Champaign	
Provides free legal services to low-income Champaign County residents with certain civil cases, landlord/tenant concerns, judgment, defense, divorce, and Orders of Protection. Also provides education, advice and counseling and advocacy related to a variety of issues including unemployment, credit and victim rights. Cases are taken during the academic year, Sept. to May.	
IllinoisLawyerFinder.com	525-5297
P.O. Box 1330, Springfield, IL	
Referrals to local lawyers.	
Land of Lincoln Legal Assistance Foundation, Inc.	356-1351
1817 S. Neil St., Suite 203, Champaign	
Legal assistance for low-income individuals.	

LIBRARY SERVICES

Local libraries circulate books, magazines, videos, DVD's, compact disks, toys and kits, books on tape, large print books, CD-Roms and other materials. Many provide programs for children 6 months and older. The **Read With Me** early literacy program is offered at the Champaign and Urbana libraries.

Champaign Public Library	403-2071
Main Library	
505 S. Randolph St., Champaign	
Youth Department	403-2030
Douglass Branch Library	403-2090
504 E. Grove St., Champaign	
Homer Community Library	896-2121
Mahomet Township Public Library District	586-2611
Ogden Rose Library	582-2411

Florida House	328-3301
1502 E. Florida Ave., Urbana Serves seniors and persons with disabilities. M- F, 8 am-5 pm.	
Homestead Apartments	344-1292
306 W. Griggs St., Urbana Serves homeless, low-income individuals only. M, W, F, 8:30-4.	
Maplewood Apartments	892-4850
1400 Hobson Dr., Apt. D, Rantoul Serves a family community, accepts CHA vouchers. M-F, 8 am-5 pm; Sat. by appt.	
Mitchell Court	892-2711
200 Mitchell Ct. on Grove Ave., Rantoul Serves the general public with affordable housing. M- F, 1-5 pm.	
Prairie Green Apartments	384-2900
2502 Prairie Green Dr., Urbana Serves low-income persons; accepts Section 8 vouchers. 24 market- rate apartments; tax credit property. M- F, 9 am-5 pm.	
Roundbarn Manor	351-9090
2000 W. John St., Champaign Serves people with mobility-impairments or seniors (62 and older). M - F, 8 am-5 pm.	
Scottswood Manor	344-5066
1557 Hunter St., Urbana 48 Section 8 apartments; other housing available to anyone.	
Sunnycrest Manor	328-6170
1805 S. Cottage Grove Ave., Urbana Serves seniors (62 or older) or people with mobility impairments. M- F, 8 am-5 pm.	
Village Apartments of St. Joseph	469-2187
811 N. Third St., St. Joseph Serves low-income families and individuals.	

IMMIGRANT / REFUGEE AND MIGRANT SERVICES

East Central Illinois Refugee Mutual Assistance Center (ECIRMAC)	344-8455
302 S. Birch St., Urbana Provides services essential to refugees and immigrants.	
Hoopeston - Migrant Head Start	328-3313
Head Start services for children (age 5 and younger) of migrant workers.	
Migrant Children Summer School Program	351-3836
Summer school program for children of migrant workers.	

FINANCIAL HELP AND INFORMATION

Consumer Credit Counseling of Central Illinois	398-2227
201 W. Springfield Ave., Suite 702, Champaign Counseling for financial problems, credit report consultation. Appointment needed.	
Consumer Credit Nationwide	239-4360
1701 Broadmoor Dr., Suite 220, Champaign Debt and budget counseling. Debt management plan available.	
Divorce Resource of Central Illinois	369-5064
605 N. Neil St., Champaign Education and resources for divorcing families.	
Illinois Department of Employment Security	278-5700
1307 N. Mattis Ave., Champaign 1-888-337-7234 Unemployment compensation; employment services.	
Illinois Department of Human Services	278-5605
801 N. Walnut St., Champaign TTY: 278-5602 Food stamps (LINK card), cash grants, and medical card.	
Lions Clubs	352-6300
Financial assistance toward eye exams, glasses and hearing aids. (Also accept donated eyeglasses for distribution in third-world countries.) First Call for Help (352-6300) provides referrals to local Lions clubs.	
Money Management Program - University of Illinois Extension, Champaign County	333-7672
801 N. Country Fair Dr., Suite D, Champaign Money management counseling and education services.	
Social Security Administration	1-800-772-1213
101 S. Country Fair Dr., Champaign 398-5399 Social Security benefits and Supplemental Security Income.	
Veteran's Affairs, Illinois Dept. of	278-3388
201 W. Springfield Ave., Room 704, Champaign Assists veterans, their spouses and dependents.	

- Rent / Utilities / Prescription Assistance

empty tomb, inc.	356-2262
301 N. 4th St., Champaign Provides limited financial assistance, including prescriptions. Open Tu and Th mornings for walk-in prescription assistance, or by appointment.	
First Call for Help, Family Service	352-6300
405 S. State St., Champaign Limited financial assistance when available for rent, power, and prescriptions.	

Greater Community Aids Project (GCAP) 351-2437

P.O. Box 713, Champaign
Rent and utility assistance for HIV+ individuals.

Low Income Home Energy Assistance Program (LIHEAP), Urban League 363-3333

314 S. Neil St., Champaign
Available from Nov. 1 to April 30. Seniors and people with disabilities may apply starting first week in Sept.

Rent Assistance Program, Regional Planning Commission 328-3313

1776 E. Washington St., Urbana
One-time rent assistance for past due rent. Morning hours only.

Salvation Army Social Services 373-7827

125 E. University Ave., Champaign
Warm Neighbors Program (AmerenIP) assistance Dec.-May. Emergency food pantry, clothing, household items, furniture for disaster victims with Red Cross referral.

- Township Assistance

Township programs offer financial/medical assistance for those not eligible for federal or state programs. There are specific township or geographic residency requirements and income/asset guidelines.

City of Champaign Township Office 352-4500

603 S. Randolph St., Champaign
General assistance for those residing in Champaign city limits.

Champaign Township Office 352-9433

3900 Kearns Dr., Champaign
General assistance for those residing in Champaign Township.

Cunningham Township Office 384-4144

205 W. Green St., Urbana
General assistance; utility and rent assistance when available for those residing in Urbana city limits.

Urbana Township Office 344-7361

2312 Perkins Rd., Urbana
General assistance for those residing in Urbana Township.

For townships other than those listed above, call First Call for Help 352-6300

FOOD, CLOTHING AND FURNITURE

Birthright 351-7744

Huntington Towers, 201 W. Springfield Ave., Champaign
Baby clothes available to those in need.

HOUSING

Champaign-Urbana Tenant Union 352-6220

44 E. Main St., Suite 208, Lincoln Building, Champaign
Assists with tenant/landlord issues.

City of Champaign - Neighborhood Services 403-7070

102 N. Neil St., Champaign
Health and safety home rehabilitation, improvements, and home buyer assistance.

City of Urbana - Community Development 384-2447

400 S. Vine St., Urbana
Home rehabilitation for low-income families, first time buyer assistance.

Housing Authority of Champaign County 378-7100

205 W. Park Ave., Champaign
Public housing and Section 8 subsidized housing. (Section 8 waiting list currently closed.)

Urban League - Weatherization Program 363-3333

314 S. Neil St., Champaign
Weatherization for low-income renters; M-F, 9-5 pm.

- Low-Income / Subsidized Housing

Housing Authority of Champaign County 378-7100

205 W. Park St., Champaign
Wait list open for those qualifying for public housing units with 4 and 5 bedrooms and for seniors (age 50 and over) for senior highrise only. Section 8 currently closed. Call for more information.

- Other Low-income / Subsidized Housing

Entries in this section are low-income subsidized rental housing programs for seniors, those with disabilities and low-income families. Many of these housing programs have long waiting lists. Call individual housing offices for updated information.

Abbott Acres Apartments 893-4888

1505 Hobson Dr., Rantoul
Serves low-income persons thru acceptance of Section 8 vouchers. Tu- F, 9 am-6 pm; Sa, 9 am-5 pm.

Country Brook Apartments 356-1879

2502 W. Springfield Ave., Champaign
Serves seniors, persons with disabilities, low-income families, singles.

Edge of the Mall Apartments 328-6409

109 W. Illinois St., Urbana
Serves seniors and persons with disabilities. M- F, 7:30-11:30 am.

Christian Health Services 355-5654
 Salt and Light building, 1512 W. Anthony Dr., Champaign
 Medical volunteers provide free primary health care services, medical screenings, educational events and prayerful support to the uninsured of Champaign County. For appointments, call 398-2914 on M 5:30 pm to 7:30 pm and Tu 11 am to 1 pm. Clinic hours are Tu evenings, 5:30 pm to 9:30 pm.
 Satellite Clinic, First United Methodist Church, 200 S. Century Blvd., Rantoul

Christie Clinic 366-1255
 101 W. University Ave., Champaign
 Medical services available include obstetrics and gynecology.

Frances Nelson Community Health Center 356-1558
 1306 Carver Dr., Champaign
 Low-cost health care on a sliding fee scale, prenatal program. M-F, 8:30 am-4:30 pm.

HIV / STD / TB Services – Champaign County Public Health 239-7827
 217 N. Broadway Ave., Urbana
 HIV/STD/TB prevention, testing, and management.

Illinois Department of Human Services 278-5605
 801 N. Walnut St., Champaign
 Medicaid for low-income individuals.

Living Alternatives, A Crisis Pregnancy Center 398-6511
 209 W. Clark St., Suite 24, Champaign
 Provides services to help pregnant women carry a baby to term.

Planned Parenthood
 302 E. Stoughton St., Champaign
Administration and Education 359-4768
Clinic 359-8022
 Prenatal program, routine gynecological exams, women’s health services.
 M, W, F 8 am-5 pm, Tu-Th 8 am-7 pm, Sa 9 am-1 pm.

Provena Covenant Medical Center 337-2000
 1400 W. Park St., Urbana
Care Management Department 337-2115
Provena Nurse Call - patient advisory / ER 337-2131

Urbana Student Health Center 239-4220
 1002 S. Race St., Urbana (entrance in Tiger Alley circle drive under orange and black awning)
 Health Center is open to all Urbana School District #116 students (age 3 if enrolled in preschool to age 18). Provides sick and well child visits, school and sports physicals, immunizations, mental health and nutrition services. Preventive dental services including cleanings and sealants also available Tu and W by appointment only. For services other than dental, walk-ins are welcome, but appointments are preferred.
 Hours: M, Tu, Th, and F 8-4 W 8- noon.

Women’s Health Practice (Obstetrics and Gynecology) 356-3736
 2125 S. Neil St., Champaign
 Private women’s health practice offers comprehensive women’s health services.

Community Service Center of Northern Champaign County (First Call for Help) 893-1530
 520 E. Wabash Ave., Rantoul
 Provides information and referrals for clothing, food and other needs to residents of Northern Champaign County.

empty tomb, inc. 356-2262
 301 N. 4th St., Champaign
 Provides dry food (beans and powdered milk), clothing and household items on a walk-in basis M- Sa, 1-5 pm.

First Call for Help - Family Service 352-6300
 405 S. State St., Champaign
 Central intake for food referrals, information and referral to other services.

Goodwill Industries Store 356-4021
 1102 N. Prospect Ave., Champaign
 Donated clothing and housewares sold at low cost.

Greater Holy Temple Church 384-1069
 1409 W. Dublin St., Urbana
 Food and clothing pantry on M and F from 9-10 am.

Helping Hands of Mahomet 586-3392
 203 E. Adams St., #4, Mahomet
 Food, clothing and household items for those in need in Mahomet-Seymour.

Illinois Department of Human Services 278-5605
 801 N. Walnut St., Champaign
 Emergency food stamp program (LINK Card).

Illinois Hunger Hotline 1-800-359-2163
 M-F, 9 am-5 pm.

Living Alternatives, A Crisis Pregnancy Center 398-6511
 209 W. Clark St., Suite 24, Champaign
 Maternity clothing and children’s clothing sizes 0 to 5T, food for infants/toddlers.

Restoration Urban Ministries 355-2662
 1213 Parkland Ct., Champaign
 Clothing, food pantry, adult and youth programs and drug recovery program.
 M-F, 10 am-5 pm.

Salt and Light 355-5654
 1512 W. Anthony Dr., Champaign
 Provides free food and clothing to those in need in Champaign County. Walk-in hours for food: W from 1 to 5 pm, Walk-in hours for clothing: M and W from 1 to 5 pm and the 1st Saturday of the month from 8am to noon. Waiting list is kept for those needing furniture and appliances. Donations accepted Tu and Th from 10 am to 4 pm.

Scot-Free Clothing Exchange - McKinley Foundation 344-0297
 809 S. Fifth St., Champaign
 Clothing. Summer: Tu and F, 2 to 4 pm; W, 7 to 9 pm.
 School Year: W and F, 7 to 9 pm; Tu, 2 to 4 pm.

SHARE Food Program 1-800-637-5508
 Pay \$15 cash or food stamps and donate 2 hours of service for a monthly food package worth \$28-\$30. Participants can contact the nearest host site to sign up.

Salem Baptist Church	Champaign	356-8176
St. Matthew Catholic Church	Champaign	359-4224
Westminster Presbyterian Church	Champaign	359-7805
Roger Huddleston Homes	Mahomet	586-4444
Loving Action SHARE	Rantoul	892-4452
Urbana Assembly of God	Urbana	344-5455

St. Jude Catholic Worker House 355-9774
 317 S. Randolph St., Champaign
 Soup kitchen 11 am to 12:30 pm daily.

St. Patrick's Church Food Pantry 367-2665
 708 W. Main St., Urbana
 For Urbana residents with picture ID and an Urbana address. M-F, 4:30 to 5 pm.

TIMES (Transitional Initiative Men's Empowerment Services) Center 398-7785
 70 E. Washington St., Champaign
 Lunch and dinner offered to men, women and children. Lunch served 12-12:30 pm, dinner 6-6:30 pm. Women and children welcome from noon to 1 pm and 6-7 pm.

Warm a Kid Program 351-3701
 Champaign Schools Family Information Center, 405 E. Clark St., Champaign
 Program collects and distributes winter clothing to children and families in need.

Yours, Mine and Ours Kids Shop 356-0880
 1824 Glenn Park Dr., Champaign
 Affordable second-hand children's clothing.

FOSTER CARE / ADOPTION

Catholic Charities 352-5179
 1315A Curt Dr., P.O. Box 6629, Champaign
 Adoption services include international adoptions, transracial adoptions and a post-adoption support group. Also recruit, license and train foster parents.

Generations of Hope 893-4673
 1530 Fairway Dr., Rantoul
 Foster care and adoption program that utilizes seniors to support children in care and their families. Provides reduced-cost housing for seniors age 55 and older who volunteer weekly hours to nurture families with children living in foster care.

Illini Children's Christian Home Ministries 469-7566
 429 E. Warren Ave.; P.O. Box 200, St. Joseph
 Voluntary placement foster care, pregnancy support, foster care for pregnant teens, adoption, family preservation, Christian counseling and young families support ministry.

Lifelink Adoption Services 352-5283
 905 S. Russell St., Champaign
 Provides assistance to Illinois families who are seeking to adopt international children

Lutheran Social Services 398-3011
 103 Country Fair Dr., Champaign
 Provides foster care and adoption services for DCFS referred families; licensing and training of foster parents, private infant adoption; and maternity counseling services for those wanting to make an adoptive plan.

HEALTH CARE / MEDICAL AND PREGNANCY SERVICES

Birthright 351-7744
 Huntington Towers, 201 W. Springfield Ave., Suite 204, Champaign
 Christian crisis pregnancy center; free pregnancy test.

Birthright Hotline 1-800-550-4900

C-U Public Health District and Champaign County Public Health Dept 352-7961
 710 N. Neil St., Champaign
 Services include pregnancy tests, WIC - a supplemental food program, family case management, KidCare applications, immunizations (including flu, pneumonia and meningitis), well baby visits, vision and hearing testing, lead testing for children, school and sports physicals, health check screenings and stop-smoking classes. Appointments preferred.

Carle Clinic and Carle Foundation Hospital 383-3311
 602 W. University Ave. and 611 W. Park St., Urbana

Community Care Counseling (for hospital bills) 326-2900

Emergency Room 383-3313

Family Practice 383-3170

Information for both Clinic and Hospital 383-3311

Obstetrics and Gynecology 383-3140

Patient Advisory Nurse 383-3233

Social Services Clinic 383-3119

Champaign County Health Care Consumers 352-6533
 44 E. Main St., Suite 208, Champaign
 Advocacy for health care concerns, complaint hotline, medical and dental referrals.

- Don Moyer Boys and Girls Club** 355-5437
 201 E. Park St., Champaign
 Youth development programs for boys and girls age 6-18, including life skills, homework assistance, after-school and summer programs.
- Operation Snowball** 337-5809
 809 S. Fifth St., Champaign
 Teen support group for high school age youth. Meets weekly.
- Roundhouse Teen Shelter (Mental Health Center)** 359-5276
 311 W. White St., Champaign
 Short-term housing and emergency shelter for adolescents 11-17; also provides short-term individual and family counseling. (Serves Champaign, Ford and Iroquois Counties)
- Teen Parent Services (C-U Public Health District)** 531-4310
 710 N. Neil St., Champaign
 Help with getting High School diploma or GED; parenting information.
- Urban League** 363-3333
 314 S. Neil St., Champaign
 Offers a variety of programs for youth. M-F, 9 am-5 pm.

WEB SITES

- American Academy of Pediatrics** www.aap.org
 Health and wellness information for families.
- Ask Dr. Sears** www.askdrsears.com
 Advice on all aspects of caring for infants and children.
- Birth to 5 Council of Families and Agencies** <http://ccbirthto5.org/>
 Information and resources for families with children with special needs.
- Born Learning** www.bornlearning.org
 Information for parents and caregivers on early childhood learning and development.
- Building Blocks to Reading** www.prairienet.org/buildingblocks/
 Literacy information, tips, and resources for parents.
- HelpSource** www.helpsource.org
 Human services information and referral resources for East Central Illinois
- Parenting 24/7** <http://p247.aces.uiuc.edu/>
 Information for parents of children of all ages.
- Zero to Three** <http://www.zerotothree.org>
 Information on early child development for parents and professionals.